

# AMAROO UPDATE

19<sup>th</sup> August 2009

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*"No Child Left Behind"*

## DATES FOR YOUR DIARY

- 24<sup>th</sup> – 28<sup>th</sup> August** Life Education visit
- 26<sup>th</sup> August** Orders for Cookie Dough Fundraiser due
- 27<sup>th</sup> August** Year 6, Rm 10 Assembly  
Life Education Parent Info session @ 10.00am

The newsletter is available on the website [www.amaroo.wa.edu.au](http://www.amaroo.wa.edu.au).

## AMAROO P&C QUIZ NIGHT

Many thanks to everyone who supported the Amaroo P&C Quiz Night, it was a great success. Special mention to all the sponsors and to Mark Sheedy and Lennon Swann for hosting a great event.

## COOKIE & BISCUIT

### FUNDRAISER

The cookie dough fundraiser brochures are due to be returned (with payment) by Wednesday, 26<sup>th</sup> August.



## DEPUTY NEWS

### LIFE EDUCATION 'Parent Information Session'

The Life Education van will be at Amaroo during Week 6 of this term. All students from K-Year 7 will take part in Life Education lessons, held in the van and facilitated by a Life Education educator, during that week.

The Life Education caravan will be open from 10:00am – 11:00am on Thursday, 27<sup>th</sup> August 2009, following Year 6, Room 10's assembly. You are welcome to visit the van at any time during this hour. Tea, coffee and biscuits will

be available in the Library during this time. Pamphlets and information regarding the Life Education Health Program will also be available.

This is an opportunity to find out about the things your children, see, do and talk about during their visit to the Life Education caravan. We hope to see you there!

If you have any questions about this, please don't hesitate to come and see me.

## CHILD ANXIETY RURAL OUTREACH PROGRAM

The Child Anxiety Rural Outreach Program (CAROP) is a skills-based program for children who have fears and worries.

Help for Kids with Fears and Worries.

### Do you know a child who is constantly

- afraid of trying anything new?
- scared when you aren't with them?
- worried that they will make a mistake?
- avoids activities like sleep-overs, school, parties or unfamiliar situations?
- able to worry about anything and everything?

The Macquarie University Child and Adolescent Anxiety Clinic is conducting research on using self-help materials and telephone contact with a psychologist as a way of helping anxious rural children overcome anxiety. Children and their parents can choose to participate in a formal assessment and 12 week treatment program for anxiety without needing to leave home.



As part of the research, assessment of progress will be made on completion of treatment and after 6 months. Parents and children who complete these progress assessments will be given a gift voucher. Children must be 8 years or older, and in primary school.



If you want to know more about this program you can call them on (02) 9850 9706, or go to their website: [www.psy.mq.edu.au/carop](http://www.psy.mq.edu.au/carop) or by e-mail [carop@psy.mq.edu.au](mailto:carop@psy.mq.edu.au)

In addition, please see me as I have brochures for parents/caregivers.

I hope you have an enjoyable week.

**Sarah Dunbar-Stuart**  
Deputy Principal (Pastoral Care)

### ASSEMBLY

Our next Assembly will be held on Thursday, 27<sup>th</sup> August, presented by Ms Sarre's Year 6 Room 10 class. The assembly commences at 9:00am.

Parents and friends are most welcome to come along. *Please remember to turn off your mobile phones and listen carefully at all times.*

### FATHERS DAY STALL

The P & C bring and buy Fathers Day Stall will be held on Friday, 4<sup>th</sup> September.

All students Pre-Primary to Year 7 are required to bring a gift to be sold at the stall. The students need to bring \$1.00 on the day to buy a gift.

Could gifts please be left at the Canteen or at the Uniform shop on Thursday or Friday mornings.

Some gift ideas are; chocolates, socks, tools, coffee cups etc.



## CANTEEN NEWS

### Term Three

Canteen phone number is 9734 5677.

Thursday	20 <sup>th</sup> Aug	Sonia Marshall
Friday	21 <sup>st</sup> Aug	Caroline Fitzgerald
Monday	24 <sup>th</sup> Aug	Kylie Helgesen
Tuesday	25 <sup>th</sup> Aug	Natasha Putland
Wednesday	26 <sup>th</sup> Aug	Sandra Tanner
Thursday	27 <sup>th</sup> Aug	Keiko Yokoi
Friday	28 <sup>th</sup> Aug	Stephen Edwards
Monday	31 <sup>st</sup> Aug	Kylie Helgesen
Tuesday	1 <sup>st</sup> Sept	Jenny McCafferty
Wednesday	2 <sup>nd</sup> Sept	<b>Help Required</b>

### UNIFORM SHOP

Winter orders have arrived; please call into the uniform shop to collect your order.

Our Uniform Shop operates on Thursday and Friday mornings from 8:45am to 9:30am.

### COMMUNITY NEWS

#### MAGGIE DENT

Maggie Dent will be conducting two free parent seminars in Collie. The first seminar, *Real Kids in an Unreal World: Building Resilience and Self Esteem in Today's Children* will be held on Monday, 21<sup>st</sup> September 10 am to 12 noon at the Collie Family Centre, 5 Forrest Street. Topic covers issues relating to children 0-12 years.

The second seminar *Bringing out the Best in Adolescents: Really Connecting*; will be held on Monday 21<sup>st</sup> September, 7pm-9pm at the Collie Family Centre, 5 Forrest Street Collie. Topic covers issues relating to children 12-25 years. Bookings are essential for the seminar and Creche. Limited places available, book now by phoning 9734 5343.

